

A **TRUE** BOOK™

# SURVIVAL SKILLS

Learn basic survival skills and connect with nature!

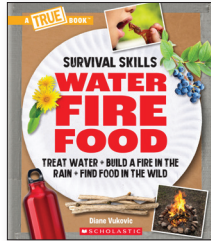
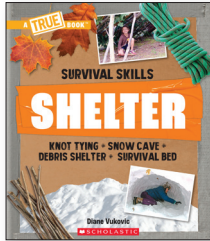
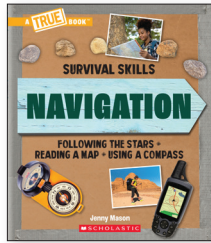
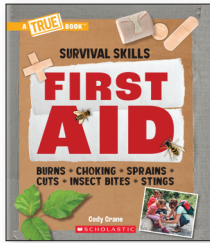


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## Distilling Safe Water

A solar still is another way to get safe drinking water. It works by solar distillation. That is a process that uses the sun's energy to separate impurities from water. It has to be hot outside for a solar still to work. Heat will cause water inside the still to evaporate—leaving behind salt, pathogens, dirt, and other substances you don't want to drink. The evaporated water hits the top of the still, where it **condenses** and drips down into your collection container.

### HOW TO MAKE A SOLAR STILL

- 1 Dig a hole about a foot (0.3 meters) around and 6 inches (15 centimeters) deep.
- 2 Place leaves, grass, or other wet items in the hole. You can also place a container of salt water or dirty water inside.



- 3 Place a container for collecting clean water in the center of the hole.
- 4 Completely cover the hole with a piece of plastic. Use rocks to hold the plastic in place.
- 5 Add a small rock in the middle of the plastic. It should be heavy enough to make the plastic dip down.
- 6 Wait. It can take all day to collect just a small sip of water!



A solar still is the only do-it-yourself way to make salt water safe to drink.

- **Grades: 3-5**
- **Ages: 8-10**
- **48 pages**
- **7 1/4 x 8 3/8**

**PUB DATE: 3/1/2023**

Learning basic survival skills will give every kid the confidence—and the know-how—to handle emergencies and extreme situations. It also helps them feel comfortable and secure when they're connecting with the outdoors while hiking, backpacking or simply exploring the woods. The books in the Survival Skills series teach kids how to build a shelter from found materials, how to navigate—even without a compass,—how to treat injuries in case of emergency, and so much more. These essential skills will give them the tools to take care of themselves in any situation.

TITLES	RLB ISBN	PBK ISBN
Water, Fire, Food	978-1-338-85362-9	978-1-338-85363-6
First Aid	978-1-338-85365-0	978-1-338-85366-7
Navigation	978-1-338-85373-5	978-1-338-85374-2
Shelter	978-1-338-85376-6	978-1-338-85377-3

- **Find the Truth!** feature starts each book with two statements—one true and one false—which begins the inquiry process by engaging readers to think proactively
- **Lively text**, rich in detail and accessible by middle grade readers, provides life-saving information in a fun and informative way
- Theoretical information is accompanied by **step-by-step instructions**, giving kids the tools they need overcome extreme situations
- Compelling **artwork and diagrams** in each book illustrate the essential survival skills
- **Sidebars** feature historical information, including how some of these skills were practiced and honed by **Indigenous people** for thousands of years
- The **Big Truth spread** brings to light an interesting and sometimes controversial topic about the theme covered, encouraging readers to dig deeper, think critically, and learn more

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